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## SCHOOL INSTRUCTIONS

On behalf of the Rotary Club of Toronto - Don Mills, I am pleased to extend a sincere thank you for your participation in the 12<sup>th</sup> annual Brush-a-mania program to promote good oral and overall health.

We are very proud to announce that over 100 schools and over 50,000 students are participating in this year's program – and truly enjoying learning about good oral hygiene.

Please publish the article on the Brush-a-mania program in your next school newsletter to inform your parents about Brush-a-mania and Oral Health Month. The article may be downloaded from our website: [www.brushamania.ca/school\\_info.html](http://www.brushamania.ca/school_info.html)

**Please check your supplies for completeness.** In this envelope, you should have instructions for your dentist, as well as, an audio recording to play at your assembly. You should have also received a roll of posters and classroom charts and several boxes of supplies: Toothbrushes; Brush-a-mania booklets; certificates; and stickers. The box number and the total number of boxes is labelled on each box.

Please display the Brush-a-mania posters throughout your school during the month of April to promote oral health. Place a class chart in each classroom or just outside each classroom in the corridor to encourage the students to brush their teeth. The students may update their own progress if you wish.

Please distribute the Brush-a-mania booklets to each student participating in the program **before April 1<sup>st</sup>**. Distribute the toothbrushes at your assembly if you are participating in the Brush-off.

**Store the certificates and stickers until the end of April** to be awarded to the students who complete the program. You may reward students on their accomplishment based on their individual abilities.

Your assigned dentist will contact you to arrange the date and time of your presentation. The names and contact information of your assigned dentist and Rotarian will be posted on our website as the positions are filled: [www.brushamania.ca/schedule.xls](http://www.brushamania.ca/schedule.xls) Once you have agreed on the date and time of your presentation, please email myself so that we may post this information as well.

Please feel free to invite your Parent Council Chair, School Board Trustee and any other guests to your assembly.

On the day of your assembly, please set up the following in your gym:

Microphone;

CD player with audio recording to be played during Brush-off;

2 large Brush-a-mania banners at the front of gym;

“Dentist Instructions” package. (Please give your dentist a sample package of everything the students will receive: Brush-a-mania booklet and certificate; toothbrush; and sticker.)

We would recommend that the toothbrushes be distributed to the students just prior to the Brush-off.

If your school is participating in the province-wide Brush-off on March 30<sup>th</sup>, please make sure the audio recording is played at 10:20am. The Brush-off will be a dry brush, no toothpaste involved.

Your assigned dentist and Rotarian have been asked to introduce themselves at the main office before proceeding to the gym.

If you have a Rotarian assigned, they are there to assist you. The Rotarian will lead off the assembly and introduce the dentist to the students.

Please give your dentist their package when they arrive at your school.

Please help us to improve the program by returning the attached feedback form. If you have any supplies left over, you may distribute them to other students or return them along with the audio recording via interoffice mail to:

Annie Chouljian  
Agnes MacPhail PS  
TDSB  
Route NE 22

If you have any questions or require any additional supplies, please contact Annie Chouljian at 416-396-6015 or via email at [annie.chouljian@tdsb.on.ca](mailto:annie.chouljian@tdsb.on.ca).

Thank you for helping us promote good oral and overall health,

Raffy Chouljian, D.D.S.  
Brush-a-mania Chair  
[raffy@brushamania.ca](mailto:raffy@brushamania.ca)

# ***BRUSH-A-MANIA 2012***

## **~ School Feedback Form ~**

**To: Dr. Raffy Chouljian**  
**Phone #: (416) 752-3532**

**Email: raffy@brushamania.ca**  
**Fax #: (416) 297-0335**

Please Print:

Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Please evaluate the Brush-a-mania program:

(Presentation, educational value, loot bags, length of assembly, etc.)

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Did you encounter any difficulties?

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Do you have any suggestions to make next year's event more successful?

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